



# Huddle Helper: Nasopharyngeal Swab Specimen Collection



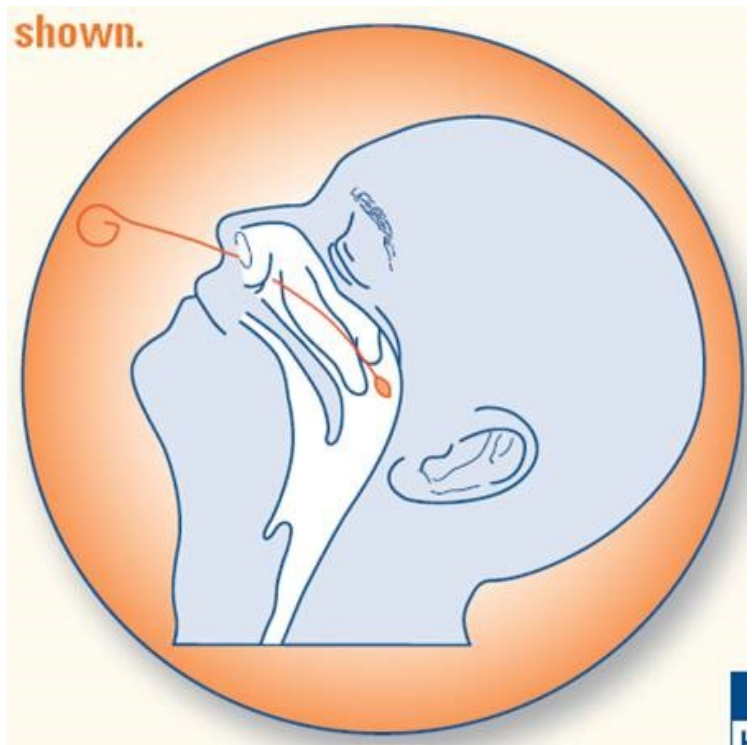
The testing required for Covid -19 follows the same procedure for the Respiratory Viral Panel.

Our current RVP kit contains two swabs and the collection tube with medium. The test requires **ONE** swab only.

The proper swab to use is the **THINNER** swab, not the bulky q-tip swab

If the kit only offers bulky q-tip swabs, use a **FLU** swab

- Wash hands and apply appropriate PPE  
Explain procedure to patient
- Support back of patient's neck as they tilt head back as far as comfortable
- Enter a flexible swab several centimeters with a slow, steady motion along the floor of the nose (back not up) until the posterior nasopharynx has been reached (distance from nostril to external ear opening)
- Place finger on the tip of the patient's nose and depress slightly until resistance is met, rotate the swab several times and withdraw the swab
- Place swab in transport medium, break off top of swab at scoring mark
- Ensure specimen is properly labeled and top is tightly capped



Transport in red bag to lab  
-single specimen only-  
do not put multiple specimens in bag